



Dowerin District High School Newsletter

Issue 13— 15 December 2016

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School Board Chairperson
Rob Proud

“Together We Strive”

P & C President
Linda Quartermaine

Dear Parents and Community Member,

What a busy and productive year this has been. I hope you enjoy our final newsletter for the year and, for those of you who have ordered a Harvest Magazine, have fun reminiscing as you look through the pages.

PRESENTATION EVENING

This was a celebration of excellence in academic achievement and endeavour. There are so many high calibre students at our school, teachers found it very difficult to make some of their decisions so recipients of the awards should be justly proud. We were also entertained by our instrumental music students who played while we enjoyed a sausage sizzle. We are very fortunate to have skilled and willing instrumental teachers for students to learn from. Thanks to Linda and Bec Metcalf and Paul Crute for their ongoing support of the instrumental program. Thank you also to the parents and community who attended and to the P & C who organised the sausage sizzle.

WELCOME BACK AIMEE

We would like to welcome Aimee back to school after a recent spell in Princess Margaret Hospital. Aimee was diagnosed with Type 1 Diabetes about 10 days ago and is already managing her own blood sugar level testing and insulin injections. What a CHAMP! She is pictured with her diabetes bear, Rufus, who helped her learn how to administer insulin on herself when she was in hospital. Aimee has continued her usual very positive and uncomplaining approach to life, and taken on this new challenge with positivity and resilience.



LANDSDALE FARM

The Pre-primary to Year 2 excursion to Landsdale Farm turned out to be a great adventure. For several it was the first time on a bus! At the Farm students learnt about a big variety of farm animals including pigs, cattle, sheep, goats, turkeys, rabbits, alpacas, ducks, geese and chickens. We also explored the vegie and herb garden and completed activities in the resource centre (my group managed to match the piles of poo to the correct animals and get the correct order for the wheat to bread challenge!). We enjoyed our lunch beside the bird aviaries and were entertained by some of the birds that could talk. As we were running a little ahead of schedule we stopped at the awesome playground in Mundaring before heading home. We didn't realise we had another adventure to come... A flat inside rear tyre on the way home meant we had to limp 10km into Northam where Beurepaires Tyre Service were very helpful and generous. They changed our flat tyre to the spare tyre for no cost while the students played in the park and enjoyed a drink and an ice-cream. The students should be congratulated on the

resilience and tolerance shown on this very hot day. There was not one whinge or teary moment!

FAREWELL MISS MORRIS, WELCOME MISS ARTHUR

We would like to thank Miss Morris for her contributions to the school since starting here in Term 3 as the Year 5/6 teacher, and wish her all the best for 2017 and beyond. Bree has shared her curriculum expertise with staff and students, and we were very fortunate to have her wealth of experience in our school. Next year Miss Lesley Arthur will teach the Year 5/6 class. She has already visited the school for a hand over meeting with Miss Morris, Mr Minson and Mr Brown, and is excited about coming to Dowerin to live.



WELCOME MR ROSS

We welcome Mr Brad Ross, who has commenced as the school gardener until an employment process is run in 2017. He was hard at work on his first couple of days, cleaning up after the storm on Monday and making sure the grounds were ready for the Presentation Evening. We know he will make sure our grounds are in ship shape for the start of 2017 too.

CBH SAFETY

The school recently received information from CBH reminding students that it is not safe to play on CBH sites as the grain has been fumigated with a toxic gas that can be harmful. Teachers have discussed these hazards with students but we encourage parents to do so as well. Please be reminded that the CBH sites are private property.

SCHOOL GROUND ACCESS

Please be reminded that access to the school grounds is not permitted during the school holiday period. This includes the playground areas. There will be some staff on site over this time, but please report and trespassers or any other concerns to the police as soon as possible.

We would like to wish everyone a very



and a safe and happy festive and holiday season. Thank you once again to the many people, government agencies, businesses and groups who give generously of time, resources and finance to make our school what it is.

From
The Admin Team

Barbara Garner and
Principal

Michael Minson
Deputy Principal

2016 Dowerin DHS Award Winners

Congratulations to the following award recipients

Pre-primary to Year 2

Cody Lee (Academic)
York Jennings (Endeavour)
Jaycee Windsor (Endeavour)
Tyson Rickwood (Endeavour)

Year 3/4

Piper Allison (Academic)
Samuel Crute (Academic)
Tanya Dawe (Endeavour)

Year 5/6

Tiahn Melvin (Academic)
Scarlet Metcalf (Academic)
Abigail Proud (Endeavour)

Woodside Science Award

Tiahn Melvin
Scarlet Metcalf

Year 7/8

Erika Edis (Endeavour)
Fraser Hagboom (Endeavour)

Year 9/10

Shane Metcalf (Endeavour)
Kurt Richards (Endeavour)

Sportsperson of the Year

Scarlet Metcalf

Citizenship Award

Chalice Proud (Primary)
Kurt Richards (Secondary)

ATTENDANCE CONGRATULATIONS

Attending every day is important and it is great to see so many students have very good attendance this year. 100% attendance is very tricky to achieve as when students are very unwell it is important to stay at home to get better and limit the spread of germs. While 90% is considered regular attendance the following students achieved fantastic attendance of 95% or better for the whole year:

Aimee Barnes
Isabelle Barnes
Linkon Brown
Talia Brown
David Couper
Ainsley Crippen
Hannah Crute
Sophie Dawe
Koby Dix
Riley Dix
Stevie Dix
Adyson Dreghorn
Erika Edis
Sonny Gard
Ashton Hagboom
Fraser Hagboom
Daniel Hoberton
Jessica Holberton

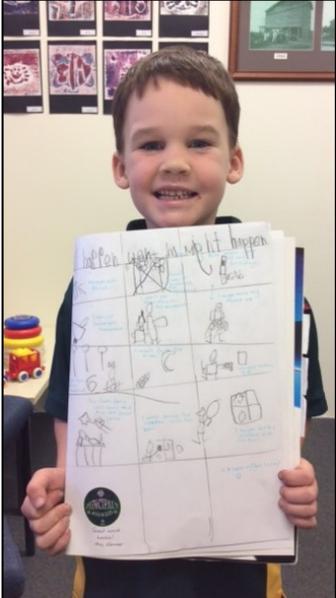
Chaya Howard
York Jennings
Cody Lee
Kailee McMorran
Tenielle McMorran
Alana Metcalf
Anabel Metcalf
Caleb Metcalf
Dylan Metcalf
Flinn Metcalf
Scarlet Metcalf
Shane Metcalf
Jarrahn Millsteed
Zavier Millsteed
Boston Petchell
Hudson Petchell
Jordan Petchell
Jarvis Pickering
Kaelan Pickering

Sophie Prior
Vincent Prior
India Quartermaine
Hannah Rackham
Mollie Ratcliffe
Amber Richards
Austin Richards
Joel Richards
Kurt Richards
Beau Rickwood
Tyson Rickwood
Zarnie-Maree
Rickwood
Alicia Sewell
Koby Smith
Ava Todd
Maya-Eve Walker
Ghia Ward
Matilda Waugh

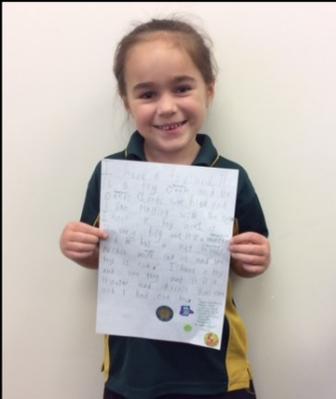
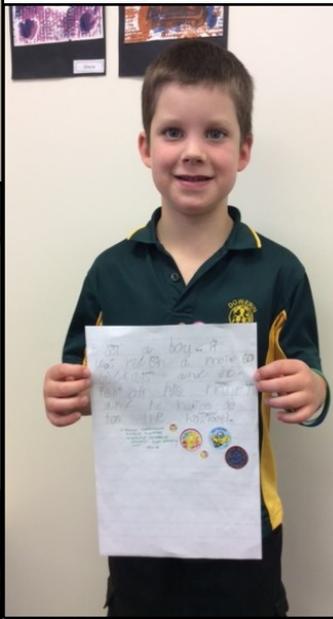




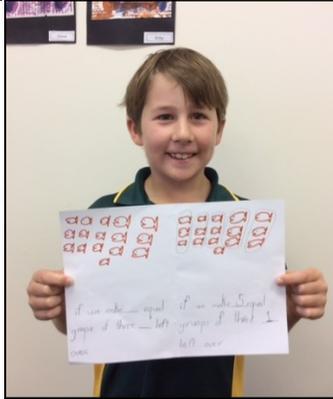
- ⇒ Cody used some of the new digital technology resources to help him draw a dinosaur.
- ⇒ Jarrahn created a great maths problem which can be quite tricky to do!
- ⇒ Maya-Eve gave a very good description of some of her toys and used "super sentences" to do so.
- ⇒ Vincent is writing some great "super sentences" in his writing about a boy and a motorbike.
- ⇒ Stevie, Tenielle, York, Isabella and Hannah created some awesome scarecrows and wrote about them.
- ⇒ Lucas was able to identify events which will happen and won't happen.
- ⇒ Samuel, Tanya and Flinn made very precise 3D shapes and were able to name them correctly.
- ⇒ Samuel, Koby, Ainsley and Jordan completed drawings which gave excellent representations of 3D shapes.



AWESOME



AWESOME





Friday Afternoon Assembly Awards

Sophie Dawe	Working with her peers to improve the quality of her writing	Mrs Kylie Avery
Erika Edis	Working with her peers to improve the quality of her writing	Mrs Kylie Avery
Rylan Hoddy	For asking clarifying questions to make sure he understands the task	Mr Nathan Brown
Tina Dawe	For being kind to her peers at all times	Mr Nathan Brown
Aliah Melvin	For being a thoughtful class member	Miss Bree Morris
Logan Ward	For your terrific presentation about Saturn	Miss Bree Morris
Abigail Proud	For progressing in building resilience	Miss Bree Morris
Talia Brown	For caring and nurturing the younger children during play time	Mrs Linda Quartermaine
Jarrahn Millstead	For improving the presentation of his writing	Mr Nathan Brown
Anabel Metcalf	For her great work with division	Mr Nathan Brown
Alana Metcalf	For always displaying the Dowerin Virtues	Mrs Kylie Avery
Erika Edis	For taking pride in everything she does	Mrs Kylie Avery
Matilda Waugh	For always being an enthusiastic learner	Mrs Kylie Avery
Piper Allison	For applying a sophisticated vocabulary to her persuasive text	Mrs Kylie Avery
Zavier Millstead	For listening attentively during English lessons	Mrs Kylie Avery
Koby Dix	For being creative and inventive on desk free Friday	Ms Meagan Howe
Adelle Hoddy	For being brave and coming to school after falling off a wall	Ms Meagan Howe
Hannah Crute	For being a good friend to everyone	Ms Meagan Howe
Alana Metcalf	For her amazing calendar photo	Mrs Kylie Avery
Chaya Howard	For her amazing calendar photo	Mrs Kylie Avery
Ryan Lee	For his enthusiasm to our calendar project	Mrs Kylie Avery



SUPER 8'S CRICKET CARNIVAL

The super 8's cricket carnival was held in Dowerin during week 6. All of the year 3-6 students had been training and practicing, during PE for the day. After last years scorching hot day we were lucky to get mild low 30's conditions.

Dowerin entered 4 teams this year, two year 3/4 teams and two year 5/6 teams. Our opposition came from Wyalkatchem DHS, Kalannie PS, Goomalling PS, and Sacred Heart PS. All of our teams had a great time on the day, with lots of memorable shots and catches. There was also a lot of dancing going on, sometimes to the detriment of the cricket, with a lot of balls rolling past fielders who were dancing instead of fielding.

All of the Dowerin sides put in a great effort but were unable to claim the trophy. Fairest and most enthusiastic awards were given out to each team, our winners were Riley Dix, Aliah Melvin, Ryan Lee and Ainsley Crippen.



ROOM 4 REMEMBRANCE DAY ACTIVITIES

Room 4 has been learning about World War I and World War II for Remembrance Day this year. We learnt about some of the sacrifices soldiers made by having to leave their families to defend our nation. We also learnt about how animals were used during war times for building, deliver messages and carrying troops. Our class paid our respects by having 2 minutes silence and Mrs Couper brought in some flowers to be laid by the flag pole.

We also had some fun making some horses, travelling across tough terrain (the nature playground) and delivering messaged while on horse back.

Thank you to all the parents who allowed their children to bring in medals, books, photos and information for Remembrance Day.



Lansdale Farm Excursion

On Friday 9th December the P-2 class went on an excursion to Lansdale Farm. Lansdale Farm is an education support school for students with disabilities. The farm provides an educational rural environment for people to view plants and animals and gain an appreciation of farms. Apart from a flat tyre on the way home, we had the best day! Below are one thing we liked seeing and doing.



I liked feeding the goats in the barn. **Kailee**
 I liked pretending to milk the cow. **Hannah R**
 I liked hearing the turkey making a gobble sound. **Daniel**
 I enjoyed reading and learning about different animal poos. **Stevie**
 I liked hearing the story of how the goat only had three legs. **Isabella**
 I liked getting to see the ducklings running around. **Adelle**



I liked having the friendly goat follow our group around. **Rhyder**
 I liked seeing the real cow. **Sophie**
 I enjoyed seeing the cockatoos and hearing them talk. **Cody**

I liked seeing the pigs rolling in the mud. **Boston**
 I liked seeing all the birds, especially the cockatoos. **Maya-Eve**
 I liked seeing the sheep because they were following us. **Erica**
 I liked seeing the baby turkey. **Jaycee**
 I liked seeing the male turkey showing off his feathers. **Brandon**
 I liked hunting and finding all the gnomes in the sensory garden. One was named Dickie. **Koby**
 I liked seeing the pony walking around. **Amber**
 I liked seeing the bunny rabbits. One was really long. **Tenielle**
 I like seeing the sensory garden because I got to smell the leaves. **Mollie**
 I liked feeding the goats in the barn because it tickled my hand. **Thomas**
 I liked feeling the pig's spikey fur. **Talia**
 I liked getting wet by the sprinklers because it cooled me down. **Lucas**
 I liked checking how many eggs the chooks laid. **York**
 I liked when I got to pat the donkey. **Christina**



I thought it was funny seeing the goat jump over the fence. **Hannah C**
 I liked when the goat bumped me with its horn. **Vincent**
 I liked seeing the furry quinea pigs. **Tyson**

CADET CAMP 2016

The 2016 cadet camp was held at Woodman point during week 8. All of the years 7-10 enjoyed 4 days of thrills, spills and excitement.

Day 1

We left at 9.30 and It took two and a half hours to get there. When we finally got to the site we unloaded our gear. We were all excited to go to bounce. As soon as we got there we were taken down to get our bounce socks and a briefing on the rules. We then chose to do one hour with the bounce instructor. First he took us to dodgeball, which was a lot of fun. The second hour we had free play; this gave us a chance to learn how to backflip and some people spent the whole hour trying to wall climb. When we got home we settled in and tried to play spotlight. We were very sore by day one.

Day 2

Our second day started with a trip to the Fremantle Career Fire Station. We were given a tour of the facilities and spoken to by 3 firemen about what they do and the equipment they use to fight fires, attend road accidents and all kinds of weird situations. After some more expert navigation and driving by Mr Hall we arrived back at camp. After lunch some people enjoyed 3 hours of abseiling, rock climbing and flying fox. A few cadets overcame their fears and some found it all a little bit to much. The night ended with some delicious cooking by our 9/10 boys.

Day 3

An early start greeted most students on our second morning, leaving a few teachers a little grumpier than normal. This was our biggest day of activity for the camp. We headed to Adventure World at 10am and some students needed to be held back when we arrived. Being a week day there were not a lot of people there so we didn't have to wait long for rides. All the cadets had a great time riding the roller coaster and giant waterslide multiple times. After a lot of convincing Fraser and Joel got on the rollercoaster to finish the day. Afterwards one wanted to go again and again and the other looked like he'd seen a ghost. We all made it safely out of Adventure World and back to camp for an early dinner before heading to the cinema at 5pm. By the time the movies finished and we got back to camp it was almost 10pm and we were all puffed.

Day 4

Our last day was all about pack up, clean up and drive home. We had lots of tired and sleepy souls on the bus, and they were all pleased to get home.

Thank you to all of those people who helped out and made it a successful camp!





Information

Hi Everyone

Well we are at the end of another year and I am sure everyone is looking forward to a good break to rejuvenate. I have now completed all the school entry health screens if you are unsure if your child has had a school entry screen please don't hesitate to contact me.

The Effects of Poor Sleep

It is so important for children to get the right amount of sleep and with technology we are now finding children are having more challenges to get to sleep, stay asleep or get enough sleep sometimes even waking in the night to check their mobiles. Here is something for you all to try in the school holidays – see if you can go without TV, your mobile or tablet 2 hours before bed. There were a number of things to do during this time to replace that screen time. Some suggestions are

Read a book, Colour in, Play a board game, relaxation, play some music

Exercise, cook and many more, have a go in the holidays parents see if you can manage to do this.

The effects of poor sleep

- Poor attention, concentration and memory
- Irritability and other mood disturbances
- Impaired judgement and reaction time
- Poor physical coordination



Finally I would like to thank all students parents and staff for an excellent year through the good and challenging times we are all working well together.

I will be around during the holidays so if you need to chat don't hesitate to call or email me.

Have a great Xmas and a wonderful break, be kind to yourselves and each other

Meg Melvin

Community Nurse

Avon and Central Wheatbelt Primary Health Service

P (08) 96901627 | F (08) 96901694

Email: Meg.melvin@health.wa.gov.au



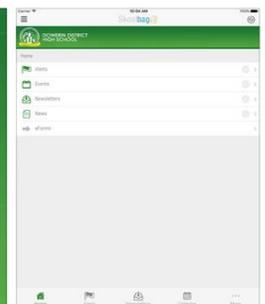
SKOOLBAG

The Dowerin District High School *Skoolbag* app is already in use by a number of parents/guardians and it is hoped that moving forward in the new year additional information can be provided through this medium.

We encourage all parents/guardians to download the free app to ensure you are kept informed on what is happening at the school.



Dowerin District High School - Sko...
SKOOLBAG PTY LTD



Goomalling & Districts
Community Bank® Branch



SCHOOL BANKING

Bendigo Bank will be recommencing school banking for students from **Wednesday 15th February 2017 at 8.30am** and every Wednesday morning thereafter at 8.30am. This will be in the old Deputy Principal office on the Primary Wing.

Please consider volunteering an hour of your time to help with Sunday recycling collection this year. Get in quickly to chose a month that suits your family.

Contact Kate on 0404 042 070.



We need your help to fill the Recycling Roster for 2016 (First SUNDAY of the month)

DATE	FAMILY NAME
January 2017	
February 2017	
March 2017	

INTERM SWIMMING LESSONS



Please remember that all students from Pre-primary to year 6 will be participating in Swimming Lessons from the **first day of Term 1, 2017!**

As such please remember to ensure that your children brings their bathers, towel, thongs, suncream to enable them to participate in lessons.





GO Health!

Safe travels this holiday

Holidays will be here soon, so now is a good time to remind families about Child Car Restraint laws in WA. Young children need the right car seat for their age, correctly fitted to travel safely in a car. Adult seats and seatbelts alone are not safe for small children.

The Child Car Restraint laws tell us the type of car seats to use at different ages.

- **0-6 months** (minimum): children must be restrained in a rearward facing child restraint.
- **6 months – 4 years:** children must be restrained in either a rearward or forward facing child restraint with an inbuilt harness.
- **4-7 years:** children must be restrained in either a forward facing child restraint with inbuilt harness or booster seat restrained by a correctly adjusted and fastened seat belt or child harness.

For more information please visit the Roadwise website: <http://www.roadwise.asn.au/child-car-restraints.aspx> or call the Child Car Restraint Information Line on 1300 780 713.

You can find registered Type One Child Car Restraint Fitters in the Wheatbelt and throughout the state here: <http://www.roadwise.asn.au/childrestraints/>.

SECONDARY ASSISTANCE SCHEME

YEARS 7 TO 12
YOU MAY BE ELIGIBLE FOR UP TO:

\$350

towards school expenses

- DO YOU HOLD A:
- CENTRELINK HEALTH CARE CARD
 - (OR) • CENTRELINK PENSIONER CONCESSION CARD
 - (OR) • VETERANS' AFFAIRS PENSIONER CONCESSION CARD

Applications Close
Friday 7 April 2017

ASK SCHOOL RECEPTION FOR MORE INFORMATION

Dowerin Bakery and Newsagency
are offering a 15% discount on
personal requirements when
orders are place by
31st December 2016.



Parcels will be available for
collection in January 2017.

Information



- ✦ Jesse Matthews 24th November
- ✦ Scarlet Metcalf 26th November
- ✦ Jarvis Way 26th November
- ✦ Hannah Crute 28th November
- ✦ Mollie Ratcliffe 30th November
- ✦ Ashley Stephens 3rd December
- ✦ Lucas Offsznaka 5th December
- ✦ Sophie Dawe 7th December
- ✦ Piper Allison 11th December
- ✦ Eddie McTavish 13th December
- ✦ Rhyder Howard 21st December
- ✦ Talia Brown 22nd December
- ✦ Aimee Barnes 30th December



Sally Hoddy and Carla Proud for volunteering to transport students to the Landsdale Farm Excursion.

Thank you to the following who donated towards prizes for the end of year awards:

- WL Richards & Family
- CWA
- Masonic Lodge
- Carmel Redding
- Dowerin Bulk Transport
- Dowerin Community Club
- Boekeman Machinery
- Lifestyle Hair Designs
- Farmanco
- Gavin & Amanda Hagboom
- Darryl & Di Hudson
- Mia Davies MLA
- Dowerin IGA
- Darren West MLC
- Slater & Gartrell
- Dowerin Events Management
- Dowerin Tyre & Exhaust
- Dowerin P & C

Term 1 - 2017

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Sunday
1 SWIMMING LESSONS	30 Staff Return	31	1 Feb Students Return Swimming Lessons Start	2	3 Kindy 1 st Day P & C Sundowner - 6pm @ Dowerin Club	4 5
2 SWIMMING LESSONS	6	7	8	9	10 Last Swimming Lesson	11 12
3	13	14	15 P & C Meeting	16 Scitech Incursion K-10	17	18 19
4	20	21	22	23	24 Faction Swimming Carnival	25 26
5 Mar	27	28	1 Mar	2	3	4 5



Information



WAAPA EXPLORE presents
SUMMER SCHOOL
2016 / 2017
HOLIDAY PROGRAM

WAAPA Holiday Summer School 2017

This summer WAAPA is offering an exciting school holiday program for children and young people. The Summer School includes classes in drama, acting, screen acting, musical theatre, Shakespeare and theatre production.



For information about the many courses on offer please visit waapa.ecu.edu.au/summer-school or contact



MASTER MIND AUSTRALIA JANUARY PREPARATION PROGRAM

OLNA - Study Skills – Essay Writing – Subject Revision & Preparation

For all students entering Year 7 – 12 in 2017

The January Preparation Program aims to prepare students for Term 1 (2017) before the academic year begins. The classes will revise those important components from the 2016 syllabus that are vital for success in the new-year. The program will also preview what students can expect in their courses in 2017.

Courses will be conducted at:

**Christ Church Grammar School, Hale School and Leeming Senior High School
Wednesday 18th to Wednesday 25th of January, 2017**

Students receive a \$20 discount per subject.

**Dr. Robert Hallam at Master Mind Australia on 9486 1377
www.mastermindaustralia.com.au**



Please be aware that if you require the service of:

- AMBULANCE
- POLICE
- FIRE BRIGADE

Then please phone 000 and NOT the Shire or individual officers.

These officers may not be rostered on or may even be out of the district and unable to assist, so you will only be delaying help.

